

The Nino's Daily Planner

S M T W T F S

Planner

06:00 Exercise/Yoga/Coffee

07:00 PowerHour

08:00 Wake Kids/Breakfast

09:00 Academics

10:00 Snack time

11:00 Arts and Craft

12:00 Lunch time

13:00 Outdoor play

14:00 Quiet time/Nap

15:00 Movie time/Snack

16:00 Free Play

17:00 Prepare Dinner

18:00 Bath/Brush teeth

19:00 Story time

20:00 Pray/bed time

21:00 Unwind

CHECK LIST

.....Meds/Vitamins.....

.....Laundry/dishes/Cleaning.....

.....Food inventory.....

.....Important calls/Bills.....

.....Take trash out.....

